



Domestic Abuse Training Prospectus

2022/23



'Domestic abuse is everyone's business'



**BEXLEY
DOMESTIC
ABUSE SERVICES**

Training prospectus

This prospectus has been developed as part of the recommendations made by the London Borough of Bexley Domestic Abuse Strategy and the Domestic Abuse Partnership Strategic Board to ensure that professionals working in Bexley have access to appropriate training around domestic abuse.

Who should attend?

Training is open to any professional who works in statutory or voluntary organisations, including faith and community groups within Bexley.

These courses are typically for local police officers, children's social workers, adult social care, community safety partnerships, health practitioners (including GP's, health visitors, midwives etc) housing officers, substance misuse workers, mental health staff, teachers, children's centres and other non-specialist voluntary and community workers.

How do I know which course to do?

The below training levels give you guidance as to which training you should complete. It is advisable for all professionals to access the on-line basic awareness training to give you a good understanding of domestic abuse.

How do I book onto a course?

To book your course [Booking a Training Event | Bexley Safeguarding Partnership](#). All training enquiries should be sent to shield@bexley.gov.uk

Where is the training being delivered?

Currently all training is delivered via Microsoft teams.

Before the training you will receive a calendar invite from shield@bexley.gov.uk

How much does it cost?

Unless otherwise stated there is no cost.

Please note, you must gain approval from your line manager to attend the training. **Please note: non-attendance to the training, once booked, will incur a £50.00 non-attendance fee for one half day and £100 for a full days training.**

NICE guidance

London Borough of Bexley have developed a training prospectus in line with NICE Guidance which aims to help identify, prevent and reduce [domestic abuse](#).

Domestic abuse is a complex issue that needs sensitive handling by a range of professionals. The cost, in both human and economic terms, is so significant that even marginally effective interventions are cost effective.

Working in a multi-agency partnership is the most effective way to approach the issue at both an operational and strategic level. Initial and ongoing training and organisational support is also needed.

Training Levels

Level 1

Staff should be trained to respond to a [disclosure](#) of domestic abuse sensitively and in a way that ensures people's safety. They should also be able to direct people to specialist services. This level of training is for:-

- ✓ physiotherapists
- ✓ speech therapists
- ✓ dentists
- ✓ youth workers
- ✓ care assistants
- ✓ receptionists
- ✓ interpreters
- ✓ non-specialist voluntary and community sector workers.

Level 2

Staff should be trained to ask about domestic abuse in a way that makes it easier for people to disclose it. This involves an understanding of the epidemiology of domestic abuse, how it affects people's lives and the role of professionals in intervening safely. Staff should also be able to respond with empathy and understanding, assess someone's immediate safety and offer referral to specialist services. Typically this level of training is for:-

- ✓ nurses
- ✓ accident and emergency doctors
- ✓ adult social care staff,
- ✓ ambulance staff
- ✓ children's centre staff
- ✓ children and family social care staff
- ✓ GPs
- ✓ mental health professionals
- ✓ midwives
- ✓ health visitors
- ✓ paediatricians
- ✓ health and social care professionals in education (including school nurses)
- ✓ prison staff
- ✓ alcohol and drug misuse workers
- ✓ youth workers (in some cases)

Training to provide a specialist response should equip staff with a more detailed understanding of domestic abuse and more specialist skills.

Level 3

Staff should be trained to provide an initial response that includes [risk identification and assessment](#), safety planning and continued liaison with specialist support services. Typically this is for:-

- ✓ child safeguarding social workers
- ✓ safeguarding nurses
- ✓ midwives and health visitors with additional domestic abuse training
- ✓ [multi-agency risk assessment conference](#) (MARAC) representatives
- ✓ adult safeguarding staff

Level 4

Staff should be trained to give expert advice and support to people experiencing domestic abuse. This is for specialists in domestic abuse. For example:-

- ✓ social workers
- ✓ domestic abuse advocates or support workers
- ✓ [independent domestic abuse advisers](#)
- ✓ independent sexual violence advisers
- ✓ refuge staff
- ✓ domestic abuse and sexual violence counsellors and therapists
- ✓ children's workers.

Training programme

The training programme has been set out in the order that we recommend you attend.

As a frontline practitioner we recommend you attend domestic abuse dynamics, risk identification and assessment (DASH) level 3 course as a minimum to equip you with all the necessary skills you will need. Once completed you can then further your knowledge and development by completing:

- ✓ safety planning in domestic abuse cases
- ✓ stalking and harassment
- ✓ criminal and civil orders in relation to domestic abuse
- ✓ honour based abuse, forced marriage and female genital mutilation (FGM)
- ✓ refresher DASH training

Date	Course title	Level	Duration
7 th April 2022	Introduction to routine safe enquiry	1	1 hour
18 th July 2022			
31 st October 2022			
9 th May 2022	Introduction to multi-agency risk assessment conference (MARAC)	1	1 hour 11am to 12pm
13 th June 2022			
11 th July 2022			
12 th September 2022			
10 th October 2022			
14 th November 2022			
12 th December 2022			
16 th January 2023			
20 th February 2023			
13 th March 2023			
21 st April 2022			
22 nd June 2022			
8 th September 2022			
12 th January 2023			
12 th & 19 th May 2022	Domestic abuse dynamics, risk identification and assessment (DASH)	3	1 day split over 2 mornings
5 th & 13 th July 2022			
11 th & 20 th October 2022			
8 th & 16 th February 2023			
15 th June 2022	Safety planning in cases of domestic abuse	2	2.5 hours
15 th September 2022			
17 th January 2023			
9 th June 2022	Stalking and harassment	2	3 hours
30 th November 2022			
2 nd February 2023			
26 th September 2022	Honour based abuse, forced marriage and female genital mutilation (FGM)	2	3 hours
6 th December 2022			
8 th March 2023			
1 st August 2022	Criminal Orders & Civil Orders in relation to domestic abuse	4	3 hours
25 th October 2022			
25 th January 2023			
7 th June 2022	Refresher DASH training	3	3 hours
1 st July 2022			
14 th September 2022			
9 th November 2022			
18 th January 2023			
14 th March 2023			
15 th June 2022	Trauma informed practice	2	1 day 10 am – 3 pm Maximum delegates - 20
30 th June 2022			
7 th September 2022			
22 nd September 2022			
13 th October 2022			
3 rd November 2022			
7 th June 2022	Domestic abuse and suicide – No way out	2	10 am – 1 pm Maximum delegates – 20
29 th June 2022			
14 th July 2022			
21 st September 2022			
6 th October 2022			
8 th November 2022			
30 th November 2022			

1 st June 2022	Understanding financial/economic abuse and financial exclusion	2	10 am – 12 pm Maximum delegates - 20
16 th June 2022			
13 th July 2022			
8 th September 2022			
5 th October 2022			
1 st November 2022			
13 th September 2022	Working with perpetrators of domestic abuse	4	1 day Maximum delegates - 25
10 th January 2023			
25 th November 2022	Domestic homicide review – lessons learnt seminar	1	2 hours
8 th December 2022	Bexley domestic abuse champions network training		2 hours
8 th March 2023			
Online learning	Understanding female genital mutilation Home Office learning Visit: https://www.fgmelearning.co.uk/	1	2 hours

To book your course [Booking a Training Event | Bexley Safeguarding Partnership](#). All training enquiries should be sent to shield@bexley.gov.uk

Course information

Introduction to routine safe enquiry

Level 1

Overview: All professionals should be asking about domestic abuse at every contact. This training will provide you with the skills to ask questions relating to domestic abuse in a sensitive manner using professional curiosity to respond to any potential disclosures. Once completed you will receive a lanyard card with the 'safe' enquiry questions to support you.

Duration: 1 hour

All professionals working in Bexley should complete this course.

Introduction to MARAC (multi agency risk assessment conference) lunchtime learning

Level 1

Overview: 1 hour lunchtime learning for MARAC. Participants will understand how to make a comprehensive referral to MARAC, identify what cases should be referred, how to use professional judgement to escalate cases to MARAC. What happens at the MARAC meeting and how to be prepared for the meetings.

All frontline professionals in Bexley should attend this course as minimum.

Duration: 1 hour

Recognising coercive and controlling behaviour

Level 2

Overview: A training session to understand the different context of coercive control and how to identify it and understand the law relating to the crime. To be able to identify the different types of behaviours and the impact.

Duration: 2 hours

Domestic abuse dynamics, risk identification and assessment (DASH)

Level 3

Overview: A comprehensive 1 day training (split over 2 mornings) that covers the different types of abuse, stalking & harassment, routine enquiry, Johnsons Typology, DASH risk assessment, MARAC (multi agency risk assessment conference) and safety planning. You will also be given an overview of Bexley's Domestic Abuse Champion Network and an opportunity to register your interest in joining. Our aim is to have one qualified champion in every single agency across the borough and is a recommendation from Bexley's Domestic Abuse Strategy and two published Domestic Homicide Reviews.

All frontline staff should ensure they attend this course as a minimum. For some staff working at London Borough of Bexley this training is mandatory.

Duration: 1 day split over 2 mornings

Safety planning in cases of domestic abuse



Level 2

Overview: Using the SOS (signs of safety) practice model. On every disclosure of domestic abuse a DASH risk assessment toolkit should be completed which will then inform and plan the individual safety and support plan (ISSP). This training will discuss the types of safety measures that can be put in place, options and looks at social media in relation to safety.

Duration: 2.5 hours

Stalking & harassment

Level 2

Overview: A comprehensive workshop that will explore how to identify stalking behaviours, the impact of stalking and harassment on victims and best practice around reporting and recording of incidents. Able to identify different types of stalkers, explore technology in relation to stalking, discuss

the S-DASH. Will explore the different legislation in relation to the laws and the protection available for victims.

Duration: 3 hours

So called honour-based abuse, forced marriage and female genital mutilation (FGM)

Level 2

Overview: Session will focus on definitions and practices associated with so called honour-based abuse, forced marriage and female genital mutilation. Participants will be able to identify the signs, risk factors and impact of harmful practices. Understand current legislation, protective procedures and dealing with a disclosure. Participants will listen to case studies and understand the 'one chance rule'.

Duration: 3 hours

Criminal Orders & Civil Orders in relation to domestic abuse

Level 3

Overview: Participants will understand the court process in relation to domestic abuse and learn the remedies available for those who do not wish to follow a criminal justice route. The session will focus on non-molestation orders, occupation orders, prohibited steps order, domestic violence protection orders and understand the process of applying for them. This will also include stalking protection orders and criminal procedures.

Duration: 3 hours

DASH refresher training



Level 3

Overview: Participants that have previously completed the domestic abuse dynamics, risk identification and assessment (DASH), level 3 can attend this 3-hour refresher training. We will look at case studies and identify the 15 high risk factors in domestic abuse and identify what the level of risk is and how to transport risk factors into safety planning.

Duration: 3 hours

Trauma informed practice



Level 2

Overview: Trauma informed care is increasingly being recognised as the best way to respond to survivors, but what does this look like in practice? This full day training will look closely at how trauma impacts the body and the brain, and how you can recognise when someone is affected by this. You will learn practical strategies for sensitively responding to and engaging clients, as well as tools to effectively advocate for clients, communicate their risks and needs and improve multi-agency responses.

Learning objectives

- Definitions and dynamics of trauma
- Impacts of trauma on the body and brain
- Practical tools for trauma informed practice

Duration: 1 day

Domestic abuse and suicide – No way out



Level 2

Overview: This course is designed to help multi-agency partners spot the signs of domestic abuse, coercive control and stalking and the impact it has on the victim/survivor to prevent potential suicides. The course will take you through some of the red flags, high-risk factors, suicide triggers, and how to ask meaningful questions to ensure victims feel supported using a trauma-informed response. It will further enable you to signpost vulnerable victims to the right service, so their voices are amplified. We will examine a case study and how you can best respond to put the learning into practice.

Learning objectives

- Define and understand domestic abuse, coercive control and stalking
- Triggers for suicide when there is DA, coercive control or stalking
- Asking the right questions
- Responses and signposting

Duration: 3 hours

Understanding financial/economic abuse and financial exclusion



Level 2

Overview: This two-hour introductory session will equip participants with the tools to spot the signs of economic abuse and confidently support survivors. Participants will explore the difference between financial abuse, economic abuse and financial exclusion, and will gain understanding around the power and control dynamics present in each using case study examples. This training aims to shed light on a form abuse which is so prevalent and damaging but rarely acknowledged.

Learning objectives

- The definitions and dynamics of financial/economic abuse and financial exclusion
- Impacts of financial/economic abuse on the survivor
- Barriers to disclosing financial/economic abuse
- Recognising and responding to financial/economic abuse

Duration: 2 hours

Working with perpetrators of domestic abuse



Level 4

Overview: This training is suitable for any practitioners who is likely to come into contact with domestic abuse perpetrators and want to know more about how to respond appropriately. We will explore how practitioners can better identify perpetrators of domestic abuse, make appropriate referrals and understand the dynamics of the perpetrators use of abuse. Practitioners will better understand the risk posed by the perpetrator in relation to ex or current partners and their children. How to undertake initial motivational work with perpetrators to help explore their use of abuse and understand the differences between empathic and collusive working in a domestic abuse context.

Duration: 1 day

Participants are asked to register their interest as numbers are limited and confirm that you have attended the domestic abuse dynamics risk identification and assessment (DASH) level 3 training.

Domestic homicide review – lessons learnt seminars

Level 1

Overview: The statutory responsibility for carrying out a Domestic Homicide Review sits within the Community Safety Partnership (CSP). Domestic homicide is defined as the death of a person who is over 16 because of neglect or abuse from a relative, someone who was in an intimate personal relationship with them or, was a member of the same household. When this happens, the law says that professionals involved in the case must review what happened so that they can identify what needs to be changed and reduce the risk of it happening again.

The purpose of a DHR is not to investigate how the victim died or who is responsible. It is to understand what lessons services can learn from the death of the victim to prevent further domestic homicides occurring in the future.

Lessons learnt seminars will take place twice a year and when Bexley CSP publish a new review. This is so professionals can hear about a DHR and gain an understanding of how the recommendations effect agencies / organisations and learn from the report findings.

Duration: 2 hours

Understanding female genital mutilation

Level 1

Overview: E-learning course to understand basic awareness of female genital mutilation (FGM) understanding its prevalence, different types, who it affects and your response.

Follow the link below to access and register for the course:

<https://www.fgmelearning.co.uk/>

Duration: 2 hours

If you require any further information / advice please contact:

Deborah Simpson
Domestic Abuse & Sexual Violence Strategy Manager & Commissioner
London Borough of Bexley
Community Safety Services

Contact: 020 3045 3058

Email: Deborah.simpson@bexley.gov.uk

To book your course [Booking a Training Event | Bexley Safeguarding Partnership](#). All training enquiries should be sent to shield@bexley.gov.uk