



Domestic Abuse Training Prospectus

2024/25



'Domestic abuse is everyone's business'



**BEXLEY
DOMESTIC
ABUSE SERVICES**

Training prospectus

This prospectus has been developed as part of the recommendations made by the London Borough of Bexley Domestic Abuse Strategy and the Domestic Abuse Partnership Strategic Board to ensure that professionals working in Bexley have access to appropriate training around domestic abuse.

Who should attend?

Training is open to any professional who works in statutory or voluntary organisations, including faith and community groups within Bexley.

These courses are typically for local police officers, children's social workers, adult social care, community safety partnerships, health practitioners (including GP's, health visitors, midwives etc) housing officers, substance misuse workers, mental health staff, teachers, children's centres and other non-specialist voluntary and community workers.

How do I know which course to do?

The below training levels give you guidance as to which training you should complete. It is advisable for all professionals to access the on-line basic awareness training to give you a good understanding of domestic abuse.

How do I book onto a course?

To book your course [Booking a Training Event | Bexley Safeguarding Partnership](#). All training enquiries should be sent to shield@bexley.gov.uk

Where is the training being delivered?

Currently all training is delivered via Microsoft teams.

Before the training you will receive a calendar invite from shield@bexley.gov.uk

How much does it cost?

Unless otherwise stated there is no cost.

Please note, you must gain approval from your line manager to attend the training. **Please note: non-attendance to the training, once booked, will incur a £50.00 non-attendance fee for one half day and £100 for a full days training**

NICE guidance

London Borough of Bexley have developed a training prospectus in line with NICE Guidance which aims to help identify, prevent and reduce [domestic abuse](#).

Domestic abuse is a complex issue that needs sensitive handling by a range of professionals. The cost, in both human and economic terms, is so significant that even marginally effective interventions are cost effective.

Working in a multi-agency partnership is the most effective way to approach the issue at both an operational and strategic level. Initial and ongoing training and organisational support is also needed.

Training Levels

Level 1

Staff should be trained to respond to a [disclosure](#) of domestic abuse sensitively and in a way that ensures people's safety. They should also be able to direct people to specialist services. This level of training is for:-

- ✓ physiotherapists
- ✓ speech therapists
- ✓ dentists
- ✓ youth workers
- ✓ care assistants
- ✓ receptionists
- ✓ interpreters
- ✓ non-specialist voluntary and community sector workers.

Level 2

Staff should be trained to ask about domestic abuse in a way that makes it easier for people to disclose it. This involves an understanding of the epidemiology of domestic abuse, how it affects people's lives and the role of professionals in intervening safely. Staff should also be able to respond with empathy and understanding, assess someone's immediate safety and offer referral to specialist services. Typically this level of training is for:-

- ✓ nurses
- ✓ accident and emergency doctors
- ✓ adult social care staff,
- ✓ ambulance staff
- ✓ children's centre staff
- ✓ children and family social care staff
- ✓ GPs
- ✓ mental health professionals
- ✓ midwives
- ✓ health visitors
- ✓ paediatricians
- ✓ health and social care professionals in education (including school nurses)
- ✓ prison staff
- ✓ alcohol and drug misuse workers
- ✓ youth workers (in some cases)

Training to provide a specialist response should equip staff with a more detailed understanding of domestic abuse and more specialist skills.

Level 3

Staff should be trained to provide an initial response that includes [risk identification and assessment](#), safety planning and continued liaison with specialist support services. Typically this is for:-

- ✓ child safeguarding social workers
- ✓ safeguarding nurses
- ✓ midwives and health visitors with additional domestic abuse training
- ✓ [multi-agency risk assessment conference](#) (MARAC) representatives
- ✓ adult safeguarding staff
- ✓ All front line staff

Level 4

Staff should be trained to give expert advice and support to people experiencing domestic abuse. This is for specialists in domestic abuse. For example:-

- ✓ social workers
- ✓ domestic abuse advocates or support workers
- ✓ [independent domestic abuse advisers](#)
- ✓ independent sexual violence advisers
- ✓ refuge staff
- ✓ domestic abuse and sexual violence counsellors and therapists
- ✓ children's workers.

Training programme

The training programme has been set out in the order that we recommend you attend.







As a frontline practitioner we recommend you attend domestic abuse dynamics, risk identification and assessment (DASH) level 3 course as a minimum to equip you with all the necessary skills you will need. Once completed you can then further your knowledge and development by completing:

- ✓ safety planning in domestic abuse cases
- ✓ stalking and harassment
- ✓ criminal and civil orders in relation to domestic abuse
- ✓ honour based abuse, forced marriage and female genital mutilation (FGM)
- ✓ refresher DASH training

Bexley Domestic Abuse Champion Network

Every organisation in Bexley should have a trained Domestic Abuse Champion.

If you wish to become a champion please book onto the Level 3 Domestic Abuse Dynamics Training and register your interest and a welcome pack will be sent to you, this includes ongoing support.

| Date | Course title | Level | Duration |
|--|---|-------|----------------------------|
| 25 th September 2024 10-11am | Introduction to routine safe enquiry  | 1 | 1 hour |
| 4 th November 2024 2-3pm | | | |
| 13 th December 2024 10-11am | | | |
| 22 nd January 2025 1-2pm | | | |
| 4 th March 2025 10-11am | | | |
| 19 th September 2024 | Introduction to multi-agency risk assessment conference (MARAC)  | 1 | 1 hour 11 – 12 pm |
| 14 th October 2024 | | | |
| 12 th November 2024 | | | |
| 10 th December 2024 | | | |
| 17 th January 2025 | | | |
| 27 th February 2025 | | | |
| 11 th March 2025 | | | |
| 5 th September | Cyber Training for domestic abuse, stalking & Harassment | | 1 hour |
| 10 th December 2024 | | | |
| 11 th October | Cyber Training for domestic abuse, stalking & Harassment | | 4 hours |
| 2025 dates to be confirmed | Recognising coercive and controlling behaviour  | 2 | 2 hours 10 – 12 pm |
| | | | |
| 17 th September 2024 | Domestic abuse dynamics, risk identification and assessment (DASH) | 3 | 1 day |
| 11 th October 2024 | | | |
| 8 th November 2024 | | | |
| Further dates in 2025 to be announced | | | |
| March 2025 to be confirmed | Safety planning in cases of domestic abuse | 2 | 2.5 hours 10 – 12.30 pm |
| | | | |
| Dates to be confirmed | Stalking and harassment  | 2 | 3 hours |
| | | | |
| Dates to be confirmed | Honour based abuse, forced marriage and female genital mutilation (FGM)  | 2 | 3 hours |
| | | | |
| Dates to be confirmed | Criminal Orders & Civil Orders in relation to domestic abuse  | 4 | 3 hours |
| | | | |
| 25 th November 2025 | Domestic Abuse Related Death Review (formerly domestic homicide review) | 1 | 2 hours |
| 19 th March 2025 | Bexley domestic abuse champions network training | | 2 hours 10 – 12 pm |
| Online learning | Understanding female genital mutilation Home Office learning | 1 | Approx 2 hours |

To book your course [Booking a Training Event | Bexley Safeguarding Partnership](#). All training enquiries should be sent to shield@bexley.gov.uk

Course information

Introduction to routine safe enquiry

Level 1 and CPD Certified Training

Overview: All professionals should be asking about domestic abuse at every contact. This training will provide you with the skills to ask questions relating to domestic abuse in a sensitive manner using professional curiosity to respond to any potential disclosures. Once completed you will receive a lanyard card with the 'safe' enquiry questions to support you.

Duration: 1 hour

All professionals working in Bexley should complete this course.

Introduction to MARAC (multi agency risk assessment conference) lunchtime learning

Level 1 and CPD Certified Training

Overview: 1 hour lunchtime learning for MARAC. Participants will understand how to make a comprehensive referral to MARAC, identify what cases should be referred, how to use professional judgement to escalate cases to MARAC. What happens at the MARAC meeting and how to be prepared for the meetings.

All frontline professionals in Bexley should attend this course as minimum.

Duration: 1 hour

Recognising coercive and controlling behaviour

Level 2 and CPD Certified Training

Overview: A training session to understand the different context of coercive control and how to identify it and understand the law relating to the crime. To be able to identify the different types of behaviours and the impact.

Duration: 2 hours

Domestic abuse dynamics, risk identification and assessment (DASH)

Level 3

Overview: A comprehensive 1 day training that covers the different types of abuse, stalking & harassment, routine enquiry, Johnsons Typology, DASH risk assessment, MARAC (multi agency risk assessment conference) and safety planning. You will also be given an overview of Bexley's Domestic Abuse Champion Network and an opportunity to register your interest in joining. Our aim is to have one qualified champion in every single agency across the borough and is a recommendation from Bexley's Domestic Abuse Strategy and two published Domestic Homicide Reviews.

All frontline staff should ensure they attend this course as a minimum. For some staff working at London Borough of Bexley this training is mandatory.

Duration: 1 day split

Cyber Training for domestic abuse, stalking & Harassment

The Technology Abuse in a Domestic Abuse, Stalking and Harassment Setting input is designed to educate practitioners in the risks that technology poses in domestic abuse, stalking and harassment environments. As well as identifying how different technologies and devices can be used to further abuse victims and what can be done to mitigate this type of abuse. In addition to giving practitioners a better understanding of the use of technology in abuse it will also enable them to:

- Identify a range of risks that technology poses and how to mitigate against abuse
- Distinguish common methodologies that abusers or stalkers use to abuse their victims and how to counter against the abuse
- Differentiate technologies that pose different risks within a domestic abuse relationship and when that relationship has ended
- Differentiate technologies that pose different risks in a stalking context
- Understand how common cyber threats can impact on domestic abuse, stalking and harassment
- Apply relevant legislation to cyber domestic abuse, stalking and harassment which include technological manipulation and abuse

Duration: 1 hour introduction

Duration: 4 hour in-depth

Safety planning in cases of domestic abuse

Level 2

Overview: Using the SOS (signs of safety) practice model. On every disclosure of domestic abuse a DASH risk assessment toolkit should be completed which will then inform and plan the individual safety and support plan (ISSP). This training will discuss the types of safety measures that can be put in place, options and looks at social media in relation to safety.

Duration: 2.5 hours

Cyber Training for domestic abuse, stalking & harassment
Level 1

Overview:

Duration: 1 hour

Stalking & harassment

Level 2 and CPD Certified Training

Overview: A comprehensive workshop that will explore how to identify stalking behaviours, the impact of stalking and harassment on victims and best practice around reporting and recording of incidents. Able to identify different types of stalkers, explore technology in relation to stalking, discuss the S-DASH. Will explore the different legislation in relation to the laws and the protection available for victims.

Duration: 3 hours

So called honour-based abuse, forced marriage and female genital mutilation (FGM)

Level 2 and CPD Certified Training

Overview: Session will focus on definitions and practices associated with so called honour-based abuse, forced marriage and female genital mutilation. Participants will be able to identify the signs, risk factors and impact of harmful practices. Understand current legislation, protective procedures and dealing with a disclosure. Participants will listen to case studies and understand the 'one chance rule'.

Duration: 3 hours

Criminal Orders & Civil Orders in relation to domestic abuse

Level 3 and CPD Certified Training

Overview: Participants will understand the court process in relation to domestic abuse and learn the remedies available for those who do not wish to follow a criminal justice route. The session will focus on non-molestation orders, occupation orders, prohibited steps order, domestic violence protection orders and understand the process of applying for them. This will also include stalking protection orders and criminal procedures.

Duration: 3 hours

Domestic homicide review – lessons learnt seminars

Level 1

Overview: The statutory responsibility for carrying out a Domestic Abuse Related Death Review (formerly Domestic Homicide Review) sits within the Community Safety Partnership (CSP). Domestic homicide is defined as the death of a person who is over 16 because of neglect or abuse from a relative, someone who was in an intimate personal relationship with them or, was a member of the same household or when it is suspected that someone has taken their own life. When this happens, the law says that professionals involved in the case must review what happened so that they can identify what needs to be changed and reduce the risk of it happening again.

The purpose of a DARDR is not to investigate how the victim died or who is responsible. It is to understand what lessons services can learn from the death of the victim to prevent further domestic homicides occurring in the future.

Lessons learnt seminars will take place twice a year and when Bexley CSP publish a new review. This is so professionals can hear about a DARDR and gain an understanding of how the recommendations effect agencies / organisations and learn from the report findings.

Duration: 2 hours

Bexley Domestic Abuse Champions Network

Level 1

Overview: The champions network is to ensure that every agency in Bexley has a champion who is trained in domestic abuse awareness. Once you have completed your Level 3 training, you will receive a welcome pack.

This session will be face to face at Bexley Civic Offices and is an opportunity to network with other professionals within the champion network. Domestic abuse specialists will be attending and is an opportunity to ask any questions.

There will be a training session included which will feature any updated legislation or suggestions made by champions!

Understanding female genital mutilation

Level 1

Overview: E-learning course to understand basic awareness of female genital mutilation (FGM) understanding its prevalence, different types, who it affects and your response.

Follow the link below to access and register for the course:

<https://www.fgmelearning.co.uk/>

Duration: 2 hours

If you require any further information / advice please contact:

Deborah Simpson
Domestic Abuse & Sexual Violence Strategy Manager & Commissioner
London Borough of Bexley
Community Safety Services

Contact: 020 3045 3058

Email: Deborah.simpson@bexley.gov.uk

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